

STAY • TRAIN • PLAY

PUPPY TRAINING

Why Do Dogs Jump?

Dogs that jump up on people are a nuisance at best and dangerous at worst. This problem is easy to correct and even easier to deal with while the dog is still a puppy (and presumably smaller).

Dogs that jump are generally doing it for one of two reasons: to greet you or to express dominance. Dogs that are excited to see you jump up to get closer to your face so they can smell your breath, which is one way they use to identify you. If you push the dog away, these dogs become more frustrated, so they jump with even more determination.



Dogs will do what is rewarding. If it's good when he jumps up, then it is rewarding. If it is not rewarding, he will stop.

WHAT TO DO:

- If a dog is not on a leash:
 - O As the dog approaches take a quick step toward him. The dog's defense reflex will usually stop him in his tracks. The dog must then instantly be praised, and the owner should then crouch down and allow the dog to approach. If he again starts to jump, the owner stands up abruptly. This little body language game continues until the dog is not jumping, but close enough to pet. When your dog is on all four legs, love him to bits, cuddle and talk.

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- O Try using your knee or your foot to throw them off balance. As soon as their front feet hit the floor, praise them with lots of love.
- O Turn your back to the dog.
- If you have a leash on the dog, give them a pop on the leash to the side using the command "OFF". This will throw them off balance and force their feet to hit the ground. Now, give them some love.

- When you come in your own home, try to remove all excitability. Try walking in without looking, touching or talking to your puppy for 5 minutes. After 5 minutes then talk and love your puppy. This has removed the excitability trigger.
- Whatever you do to stop the jumping, do not use your hands. That is the attention that they are looking for.

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