

PUPPY TRAINING

Training Distractions

Distractions are an important part of training your dog. A distraction can be anything in the environment that causes your dog not to focus on you. It can be people, places, toys, food, odors, sounds, whatever your dog finds distracting.

List of Distractions

1. Clapping your hands
2. Stomping your feet
 - a. This can be done right next to your dog or at a distance.
 - b. The idea is to have your dog trust that you will not put them in harm's way.
3. Touching
 - a. Petting
 - b. Tapping them with your foot
 - c. Walking over them and drag your foot over their body.
4. Toys
 - a. Placing toys around them
 - b. Playing with the toys
 - c. Tossing the toys on the ground
5. Other dogs
 - a. Having other dogs playing or walking around while working on commands.
6. Sweet Talk
 - a. Talking to your dog in a baby voice
7. Doorbells/Knocking
 - a. Some dogs will run to the door or bark with either of these. This is a good opportunity to have them hold a command.



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8. Treats/Food
 - a. Use food to tempt them into breaking a command.
9. Commands Sitting
 - a. Sit on the floor or chair and give your dog commands. They might look at you like you are crazy.
10. People
 - a. Have friends over and use them as the distractions.
11. Outside
 - a. When your dog is doing well with all the above, try taking them outside and working all of the distractions again.

EXERCISES TO TRY

Field of Treats: Place treats all over the training area. Give the leave it command and walk you dog through them. Praise your dog when he avoids the treats and correct your dog when he attempts to take them, reinforcing the command “leave it” as needed. You can do this same exercise with toys.

Heel challenge: Weave your dog around objects or in places where he is distracted. The heel helps focus your dog while in motion.

Doggie Push-ups: If your dog is distracted, give the sit command and enforce it. Once he is in a sit, give the down command and enforce it. Once he is in a down, give the sit command and enforce it. Repeat for several repetitions.



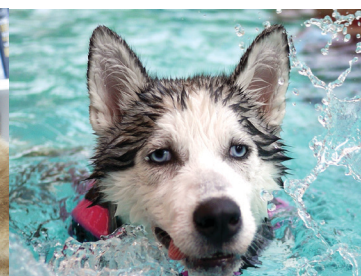
Dog Training & Behavior



Puppy Obedience & Socialization Training



Therapy Dog Training



Dog & Puppy Boarding & Kenneling

