

TRAVEL

Dog Motion & Car Sickness

Many dogs suffer from car sickness, especially when they're young. Some outgrow it; but in the meantime, you may want to make sure your dog has an empty stomach whenever it's time to hit the road. **Don't** give him any food 3 to 4 hours prior to travel. **Do** make sure he's had water.

If you know your dog is prone to car sickness, be sure to take it slow and be extra careful around sharp curves or up and down hills. Fast stops and starts are rough on upset stomachs. ASPCA experts recommend that you open the window a bit. Fresh air does wonders for animals who tend to get car sick.

Take note of the temperature. Dogs cannot regulate their body temperatures as efficiently as humans can, so make sure it isn't too hot or cold in the car.

Looking out the window can bring on nausea in many dogs, so keep your pet safe and secure in a covered kennel or get him to lay down on the floor. Some dogs do well with specially constructed canine seatbelt.

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For some canines, just the fear and anxiety attached to automobile travel can be the cause of nausea. You can help calm your pet by getting him used to riding in a car. Begin by simply sitting in the car without turning the engine on. Be sure to praise him. Do this on several occasions and when he seems comfortable, turn on the engine. Again, heap on the praise and slowly work up to short trips around the block. Take them on short trips even if it is just to the gas station or to the park. We want to start associating a car ride with good things to help them feel more comfortable in the car.

Finally, when you and your pet start taking long trips together, it's a good idea to hit a rest stop every hour. Give him time enough for a quick stretch, a short walk and a drink of fresh water.





When You Can't Take Them With You

Canine Boarding & Kenneling

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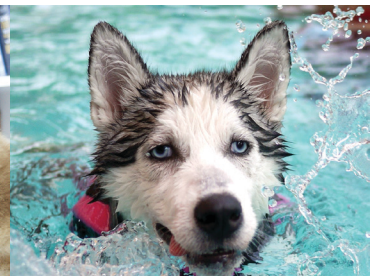
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